# Coaching on developing Socioeconomic Pathways



Providing knowledge to participants to create socio-economic pathways is essential for facilitating self-discovery and empowering individuals or teams to achieve their goals. This coaching initiative aims to guide participants toward careers and lifestyles that prioritize environmental and social responsibility alongside economic prosperity.

Through targeted coaching, participants will explore various avenues for integrating sustainability principles into their professional endeavors, personal choices, and community engagement. This involves examining the intersections between their skills, passions, and sustainability issues, enabling them to understand how they can contribute meaningfully to a more sustainable future.

Participants will engage in discussions and activities that deepen their understanding of critical sustainability challenges, such as climate change, resource depletion, and social inequality. By fostering a comprehensive understanding of these issues, individuals will be better equipped to identify opportunities where they can apply their talents and interests in ways that positively impact their communities and the environment.

The coaching process will encourage participants to reflect on their values and aspirations, helping them recognize how their unique contributions can drive socioeconomic change. This empowerment allows them to envision careers that not only fulfill their professional ambitions but also align with their commitment to sustainability and social responsibility.

Additionally, participants will learn practical strategies for implementing sustainable practices in their daily lives, whether through conscious consumer choices, community activism, or innovative business ideas. This holistic approach fosters a sense of agency, enabling individuals to take actionable steps toward achieving their goals while positively influencing the world around them.

By cultivating a mindset focused on sustainability and social responsibility, this coaching initiative helps create a generation of empowered individuals ready to lead initiatives that harmonize economic success with environmental stewardship and social equity.



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#### Prerequisites:

The service is available to people who accomplish the course <a href="Socio-economic pathways - Benefits and Applications">Socio-economic pathways - Benefits and Applications</a>

### Linked Courses:

- <u>Understanding the Relations Between Climate Change,</u>
   <u>Sustainable Development and Biodiversity</u>
- <u>System and Design Thinking for Sustainable</u>
   <u>Transformations</u>
- <u>Sustainable Innovation: How Organisations Can Create</u> <u>Sustainable Innovation Projects</u>

#### Linked Course Category:

• Resilient Transition

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Language/s	English
Format	online both are possible (based on participants needs)
Platform (if online: e.g., zoom, MS teams)	MS Teams
Group Size	up to 15 participants
Frequency (how often) If recurrent, specify further (e.g., once a month, every second month)	one time per year
Number of coaching sessions in total	1
Duration of each session (in hours)	2 hours





